



CLAYTON GIRVAN

'18 Fall Trainer, '15 Europe/UK Program: NH

**FRIENDS FOREVER
INTERNATIONAL**

One Morgan Way
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ABOUT CLAYTON

Clayton is currently working as a personal trainer for a social enterprise called Belfast Child. This job means that he has the chance to help people achieve their various goals in life. Clayton has remained active with FFI since his program, leading workshops for our teams from New Hampshire that travel to Northern Ireland and he returned to New Hampshire in the Fall of 2018 as a Fellow.

PERSONAL GOALS

- Change someone's life
- Remaining cool-headed in tough situations
- Show people that nothing is impossible

"I want to be the person that takes something hard and makes it look as easy as possible." - Clayton

INTERESTS

- Video/film making
- Cooking
- Non-competitive and Competitive sports
- Coaching sports
- Business
- Music (singing and instruments)
- Creative writing
- Visual art
- Web design
- Competitive gaming

VOLUNTEERING/ACTIVISM

- Homelessness or poverty
- Youth or children
- People with disabilities
- Elderly
- International service/volunteering
- Animal rights

*Interested in meeting Clayton? Contact Amelia at 603.397.5301 or amelia@ff.international.
Clayton will be in the US from July 10 to August 1.*